

Brighter Days Senior Care, LLC

Companion Services for Seniors

BrighterDaysSrCare.com

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Do you need help caring for your loved one?

We help keep your parents independence
while giving you peace of mind.

Some of our programs...

- A Day at the Spa (In-home)
- Culture Cooking
- Gardening
- Afternoon Tea
- Stretching and Exercise
- Enjoying Music
- And Many More....

Call Us Today to set up a free consultation.



Brighter Days Senior Care

How to choose a Senior Care Service for your family member

Some Important Questions to Ask...

Can you choose the services and frequency of the service?

Yes. With Brighter Days you can choose the level and frequency of our services. You can select from our basic programs all the way up to our more comprehensive ones.

Do you have to sign a binding contract?

No. We know you'll be happy with our service but you may cancel at any time.

Do you have to pay an initial deposit?

No. With some services you have to make an initial deposit of up to \$1,000. With Brighter Days you pay month to month.

Do they have a total care plan that addresses both Physical and Mental Health?

Yes. Our programs address both mind and body to improve day to day living as well as restoring a sense of independence and dignity.

Can they complete light housekeeping tasks insuring a hygienic and safe environment?

Yes. At Brighter Days we believe that our client's environment affects the way they feel about themselves. Because of this, we have a Home/Apartment Maintenance System that insures a safe and hygienic living environment.

Can the service provide proof of general liability insurance and bonding?

Yes. Brighter Days is registered in the state of New Jersey and is fully insured for your protection. We will gladly provide proof of insurance and bonding.



Brighter Days Senior Care

About Us

Our Mission

To enrich and improve our client's lives by keeping them safe, healthy and mentally stimulated. We are changing the misconception that seniors are supposed to deteriorate as they age. Our client's live more active, alert and happy lives thanks to our comprehensive care system.

Our Unique 5 Point Senior Care System

1. **Security** A customized security check list is completed to insure a safe living environment.
2. **Mental Stimulation** A detailed mental activity program is developed around the client's needs and interests to keep them engaged and active. Some activities include...
 - Music hour
 - Card/board games
 - Puzzles
 - Culture cooking
3. **Health**
 - Medication reminders
 - Meal preparation
 - Nutritional information
4. **Physical Activity**
 - Light chair exercises to music
 - Short walks
 - Yoga
5. **Housekeeping & Errands**
 - Laundry
 - Light housekeeping
 - Checking temperature controls
 - Checking for dangerous habits and conditions
 - Checking refrigerator for dates on food
 - Taking trash out



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Just a few of our programs...

- * A Day at the Spa (In-home)
- * Culture Cooking
- * Gardening
- * Afternoon Tea
- * Stretching and Exercise
- * Provide transportation for errands and appointments



Call Us Today to set up a **FREE** consultation.